

COME AND JOIN US

Singing for Health & Fun



EVERY
WEDNESDAY
7.15-8.45PM
WATER EATON
CHURCH CENTRE

THE BENEFITS OF SINGING

MAKES YOU FEEL BETTER, ENHANCES LUNG
FUNCTION, EASES STRESS, IMPROVES MEMORY &
CAN HELP WITH PAIN RELIEF. WHAT'S NOT TO LOVE!

WE ARE A FRIENDLY BUNCH AND HOPEFULLY, ONCE YOU HAVE SEEN US, YOU WILL
WANT TO JOIN IN BOTH THE SINGING AND SOCIAL INTERACTION

THE BLETCHLEY PATHFINDER PROJECT CONSISTS OF FIVE GP PRACTICES BASED IN BLETCHLEY THAT ARE WORKING
TOGETHER WITH THE COUNCIL AND OTHER AGENCIES TO BENEFIT THE LOCAL POPULATION